Digestive system

- makes all body movements possible

Body system facts activity cards

Nervous system

- takes waste out of the body

Muscular system

- carries food and oxygen to the cells and picks up cellular waste

Respiratory system

- adult has over 160,934 km of blood vessels
- child has over 96,561 km of blood vessels
- kidneys filter about 180 liters of blood a day
- same number of muscle fibers now as when you were born

Skeletal system

- carries blood and oxygen to the heart
- smooth muscle (internal organs)
- skeletal muscle (bone to bone)
- heart (skeletal muscle)